Instructions:

Over the course of a week, mark off anything you either do or see in books, movies, shows, in the course of doing schoolwork. Once you get five in a row, or Bingo, send the row you marked off in an email to your flight staff. You don’t have to send the whole sheet, just the five in a row. You can include the free space.

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| --- | --- | --- | --- | --- |
| Negative encouragement | Researched the effect of morale on a team | Told a joke | Being proactive | Communicated digitally with a friend |
| Encouraged someone | Played a game with someone | Read a leadership book | Wrote a thank-you note | Researched leaders who exemplify encouragement |
| Talked about encouragement with someone | Answered your flight questions from the video | **Free Space** | Read a chapter of a leadership book | Leader encouraging team |
| Team member encouraging team | Peer encouraging peer | Encouraged a family member | Watched a leadership video | Shared something positive |
| Analyzed a leadership style | Read a positive news article | Shared an encouraging story | Helped someone see the bigger picture | Positive encouragement |